



Therefore welcome one another as Christ has welcomed you, for the glory of God

Weekly Bulletin 25th August 2019

Garrabost Free Church welcomes you to our services today.

We use the **English Standard Version** of the Bible in our services. Psalm books (Sing Psalms with Scottish Psalter) and Bibles are available in the entrance hall.

Website -www.garrabostfree.churchFacebook -@GarrabostfreechurchTwitter -@GarrabostFreeEmail -garrabostfree@gmail.com

Children's packs – evening service

There are packs with worksheets, pencils and sweets at the door for children who will be attending the evening service. This is to encourage parents to bring their children to church in the evenings as well as the mornings.

Sermon CDs

If there are any in the congregation who are unable to listen to sermons online and would like CDs, these can be provided free of charge. Please ask any of the office bearers who will make the necessary arrangements.

| | | vices to be taken by Rev David Meredith. |
|--|--|---|
| | | Mr Meredith for taking the services today. |
| Main Road Church | | Psalm 122 (Scottish Psalter, p416) CM |
| 12 noon | | Psalm 65: 1-7 (Sing Psalms, p82) CM |
| | | Psalm 119: 33-40 (Scottish Psalter, p402) CM |
| | | Psalm 51: 1-9 (Sing Psalms, p67) 878777 |
| Sermon Text | | Luke 15:13 |
| for the children's ad | dress a | during the 12noon service. The children will go to the front and go to their classes at the start of the second singing. sed by Anne Mackenzie and Catriona Dunn. |
| School Road Church | | Psalm 100 (Scottish Psalter, p362) LM |
| 6.00pm | | Psalm 55:1-8 (Sing Psalms, p71) CM |
| | | Psalm 119: 57-64 (Scottish Psalter, p404) CM |
| | | Psalm 17:1-6 (Sing Psalms, p17) SM |
| Sermon Text | | Luke 15:28 |
| C | Congre | gational services and events this week |
| Monday 26th | 7.00p car pa | m – WFM Walking Group will meet at Bùth An Rubha ark. |
| Wednesday 28th | 7.30pm - Prayer Meeting in School Road Church to be taken by Rev David Meredith. | |
| Friday 30th | 1.00pm – The Parent and Toddler group will meet in Main Road Church Hall. | |
| Saturday 31st | 10-00am-12.30pm- Gossiping the Gospel – information below. | |
| Sunday 1st | 8.00am – Early morning prayer meeting in Main Road Church Hall (please note the change of time for this month only) | |
| | | rvices next Sunday 1 st September |
| | | vices to be taken by Rev David Meredith. |
| 12noon | Main Road Church | |
| 6.00pm | School Road Church Invitation Service 'A message with a meaning | |
| Su | | chool will meet during the 12noon service. |
| The creche will be supervised by Sandra Fairgrieve and Christine Macleod | | |
| | - | Invitation Service |
| refreshments in the a Q&A session. Ple are invitation slips | Main F ase pra availa | service in School Road will be an Invitation Service with Road hall afterwards where Rev David Meredith will host ay about this and think of who you can invite along. There ble at the doors today for you to give to as many as people in church as possible. |

This service, along with the Challenger Bus visit, is Garrabost Free Church's contribution towards **Generation19**. This is a **Generation** initiative of focused evangelistic activity between 1st and 10th September 2019 when churches are invited to organise intentional evangelistic events from their congregations to the wider community.

Catering for the **Q** & A session will be arranged by the Aird and Sheshader group.

Gossiping the Gospel

David Meredith will hold a session on personal evangelism called Gossiping the gospel **next Saturday** between **10am** and **12.30pm**. This will involve a mixture of talk and small group discussion on the principles and delivery of personal evangelism, looking at some of the most common problems as well as the opportunities. All are welcome.

Garrabost Free Church Website

The website for the congregation is the easiest and quickest way to access the bulletin and sermons online. If you to log on to www.garrabostfree.church and click on 'Notices', you will be able to view the bulletin and prayer notes. They are usually uploaded on Saturday night and are also uploaded to the congregation's Facebook page at the same time. They will no longer be hosted on Sermon Audio. To listen to any sermon preached in Garrabost congregation you should also log on to the website and click on the 'Listen to Sermons' link. The sermons are currently being hosted on Sermon Audio as well but that is being reviewed at the moment. There is also a link on the home page of the website to a calendar for the congregation as well as a direct link to the news page of the main Free Church website. If you have any questions or suggestions or any other issues regarding the congregation's online activity (or anything else), please email garrabostfree@gmail.com or speak to one of the elders.

GDPR

Just a reminder that as a result of change in legislation last year to how personal information is used by organisations, we as a congregation can not include personal information or photos online without specific permission from the individual (or in the case of children - a parent or guardian). Currently we do not have consent from all who are on rotas or for all the Sunday school children which means we can't have the rotas on the online version of the bulletin or have any Sunday school related photos on the website or Facebook. There is a list available today of those who are on any of the rotas and have still to complete a consent form. There are forms available at the doors. The Sunday school forms will be updated after the holidays. Apologies if your name is on the list and you have already completed a form. If this is the case, could you please complete another one.

Prayer Notes

Separate prayer notes are now being produced on a weekly basis. They include Congregational related issues, Praying for One Another and the Global Mission prayer points for the coming week and FCYC updates and prayer points.

If anyone would like any prayer points to be included, please email garrabostfree@gmail.com or speak to one of the elders.

Please note that we will not mention individuals by name unless specifically requested.
Thanks from the Macdonalds

The Macdonald family, Swordale, would like to thank the congregation for their prayers, love and support over the past ten days. This was of tremendous help to them and made them aware of God's care while Angus was in hospital and they ask that you would continue to pray for them all.

Challenger Bus Visit

Plans are underway for the **Challenger Bus** to return to Point from **Saturday 14 to Saturday 21 September.** This year's theme will be **Finders of the Hidden Truth** and is aimed at primary age children. It will be on each night from **Monday 16th** to **Thursday 19th** between **6pm** and **7.30pm**. This will be both in **Sgoil an Rubha** and also on **Challenger 4**. Please remember this work in your prayers.

Items for uplifting today

The July/August Record, DayOne Magazine, Breakthrough (Slavic Gospel Newsletter) & Barnabas Aid (Aid agency for the persecuted church)

NEW latest blog 'Paracetamol is So Underrated' with an update on Dominic Smart's condition.

Inspire – Inspire has been relaunched as a smaller and very readable magazine. The current issue focuses on mental health.

| Supply | | | |
|---|-------------------------------|--|--|
| 1 st Sept | Rev David Meredith | | |
| 8 th September | Rev Donald Morrison (Retired) | | |
| 15 th September | Rev Donald Morrison (Retired) | | |
| 22 nd September | Rev Calum M Smith (Uist) | | |
| 29 th September | Rev Roddy J Campbell (Tolsta) | | |
| | Contacts | | |
| Interim Moderator – Rev Andrew Coghill - andcoghill@gmail.com | | | |
| Garrabost Church Caretaker – Donald J Macleod 01851870284/07553586195 | | | |
| Bulletin Coordinator – Catriona Dunn - catrionaportvoller@gmail.com | | | |
| Any notices for the bulletin should be forwarded by Friday morning. | | | |

Prayer Notes 25th August 2019

Rejoice always, **pray without ceasing**, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. **1 Thess 5:16-18**

Congregational Prayer Points

Please pray for the **elders** and the **interim moderator**. Pray for wisdom and discernment for them to make the correct judgements in all future decisions

Pray for those who have recently lost loved ones and also those who still grieve for loved ones after many years.

Please pray for our young people with all the pressures that modern life brings

Pray for those in our community who currently do not attend church

Pray for those connected with the congregation who are **housebound**, **hospitalised** or in **nursing homes**.

Pray for **Rev John H Maclean** who is seriously unwell at home at present. John has been a good servant of our congregation during our vacancy.

Pray for **Rev Dominic Smart** and his family as he continues his fight against cancer. Pray for any in our community who struggle with different forms of mental health and that we would be understanding and patient towards them. **ABC** – Please pray for the new term of ABC which is due to start on Tuesday 10th September. Pray for all the children that will come along for the first time and also that we would have some new volunteers.

Point2Life – Pray for all who attend and also that more would come along. Pray for guidance for the leaders as they seek to plan ahead.

Sunday School – Please pray for the teachers, Christine Cumming, Janis Brand and Finlay Maclennan and all those who help them each week as well as the children and parents. Pray that they would all know God's blessing.

Creche – Pray for the children who attend creche each week and we thank God for young families who come along.

Scripture Union – Pray for Christine Cumming and Elizabeth Ferguson as they prepare to restart after the summer and as they plan for this term.

Challenger Bus Visit – Pray for the Challenger Bus Team as they prepare to visit Point for a week in September. Pray that the required funding would be achieved to enable them to carry out their mission work with kids and young people.

Parent and Toddler Group - pray for parents and the children and those from the congregation who help from week to week each term.

Schools – Please remember the **children** as they go back to school. Pray as well for all those who have just gone to school for the first time. Remember the **teachers** and **assistants** as well and that they would be able to cope with all that they have to contend with.

FCYC and BFR

Please pray

- for the children who attended our 2019 'Adopted Camp'- Kincraig Kids 1. Pray that
 what they learnt at Camp will make a real difference to them as they settle back into their
 daily routines, that they will continue to grow closer to Jesus and that they will be
 encouraged and discipled. Pray especially for those who are not part of a local church
 and who may not receive much support.
- for the campers and their families, especially those who are not Christians, as the campers tell of all they saw, heard and learnt during their time at camp this year.
- for Kirsten and Donald (Camps Coordinator) as they begin the planning for FCYC 2020
- for the **congregations** of Campers, that they will continue to **support and disciple** all those that attended Camp this year.
- for the planning for the **Big Free Rally** which takes place on **28th September** at **Smithton Free Church** in Inverness. It is for those in P5 upwards. Pray that lots of young people will attend and that it will be a blessing to them all.



PRAYING FOR ONE ANOTHER

25 August 2019

Thurso and North Coast

We are in the far north of Scotland on the coast and are a congregation that meets in two locations. Thurso and Bettyhill.(30 miles apart).

Prayer Points

- 1. We are very pleased to be forming a Deacons' court and value prayer for the three young men who are to be ordained into these roles, that they will know strength and joy in serving.
- 2. Please pray for the refurbishment and development plan as we move forward together as a church to be a greater witness for Jesus in the far north.

Cross

Cross Free Church is located in Ness on the Isle of Lewis. The Western Isles as a whole are forecast to experience a population decline of 14% over the next 20 years, so our church has major challenges demographically. https://crossfreechurch.org/

Prayer Points

- 1. To remember school and Sunday School pupils who are entering a new school session.
- 2. That our congregation is able to reach out more effectively into the wider community, and be inclusive and welcoming.

ETS PRAYER POINTS

•ETS Prayer Points - August 2019:

Pray for the coming academic year & for the students as they prepare to begin or return to their studies

Pray for our Principal, Iver Martin

Pray for our overseas students & give thanks for our ongoing links with the church across the world



Sat 24th/Sun 25th CWI

There have been a number of people enquiring about joining Christian Witness to Israel as full-time missionaries in different parts of the world. Please pray for the Lord's direction and wisdom for all involved in the missionary appointment process and pray that many more people will be raised up who have a desire to take the Good News about Jesus to Jewish people.

Mon 26th/Tues 27th Japan

Many churches in Japan hold summer camps for children and young people. Pray that those efforts will be blessed by the Lord to bring them to the knowledge of Christ.

Wed 28th MI

At the end of this month, a team from Scotland and England will visit Burundi. The team is made up of nurses who will engage with refugee returnees to help with hygiene training and delivery; and Bible teachers who will teach in three different locations over three weeks to train rural pastors in church ministry.

Thurs 29th WEC

Please remember Malcolm Gray, the incoming WEC UK Director. There have been complications following chest wall surgery in the spring, resulting in several stays in the hospital. Karina would appreciate prayer for her phased return to ministry responsibilities after post-viral fatigue.

Fri 30th SA

Pray that the new literature recently made available from TGC and other sources will be well used throughout the Eastern Cape through distribution from Dumisani.

Sat 31st SFR

Pray for Tünde as she continues to give the appropriate support needed for the team. Pray also for her and her family as they face challenges with their teenage daughter. Much wisdom is required so may they know God's guiding arms around them.